

# *Bishop's Message*



"It's not how much we give but how much love we put into giving," said **St Theresa of Kolkatta**. Charity in truth is the principal driving force behind the authentic development of every person and all humanity.

Catholic Church in Gulbarga Diocese has been a living witness to charity through the "ORBIT" (Organization of Bidar Integral Transformation). Producing a lot of good results or doing a lot many things alone would not give credibility to Christian Service. It's the way it's been materialized that leaves an indelible impact on society. ORBIT as a Development society has made visible strides in the development sector in Kalaburagi and Bidar districts of Karnataka. Through its programs, it has shown a true face of service to the people of the area where people are empowered to have a better living.

Empowered by the Spirit of Truth, ORBIT has made path-breaking achievements in serving persons with disability, marginalized women, Farmers, Children, unemployed Youth, and the downtrodden. It has set a model for Social Development, concentrating on authentic person-oriented development. As ORBIT brings out this report, I congratulate and thank the Team for their hard work in achieving great results through their services and wish them well for the coming year.

Yours sincerely

**+ Robert Miranda**  
Bishop of Gulbarga

# *Director's Message*



“Every sunrise is an invitation for us to arise and brighten someone’s day” (Richelle E. Goodrich)

ORBIT feels a deep sense of joy as it presents the Annual Report for 2021 – 2022. Every day is the blessing of the Almighty and ORBIT had a year full of opportunities to serve the least, lost, and marginalized. Remaining true to its vision and mission, ORBIT has catered to the people’s needs through donors’ generous help in collaboration with District Administration in mitigating human suffering.

As an agent of Social Change through its values and humble learning, ORBIT has made strides in Social Development during this period. Doing Right when it matters the most and being faithful in doing right is one of the driving forces of our organization. The entire organization has been practicing the value of integrity, faithfulness, accountability, truth, compassion, and love as we all toiled relentlessly and selflessly to bring smiles to the faces who truly needed us.

Covid-19 has taught a great lesson for every one of us where it made us share with each other whatever we had. During Covid-19 we could reach out to more than 24,000 with humanitarian help for the needy people of the society with the help of other NGOs.

Women through our empowerment program could come together and realize their power in unity as they formed Taluq and District level federations and worked for their rights by practicing Social Responsibility. They also realized the hard way to become self-reliant, thus reaping benefits through increased income and earning the community’s respect.

Differently abled especially mentally Ill Persons, Children with developmental delays were the special beneficiaries of our program. They are mainstreamed and helped to be active persons in societies.

The children have been the biggest beneficiaries of our program as they have rightly realized their rights and responsibilities. Through Child Clubs and awareness programs in schools and colleges many, more children have come to realize the importance of education along with a safe and secure environment to live in.

As we look back we greatly feel the sense of fulfillment and satisfaction in serving people who needed us the most. As we have worked strenuously to build a society of equality, justice, and love, we would like to be grateful to all our donors and District Administration along with various Departments and all our other collaborators for helping us to serve society.

I also thank the President, and Board of Trustees for their support, all our staff for their tireless service in producing remarkable results, and all our beneficiaries for their cooperation in being the change they desired.

**Fr. Victor Anil Vas**  
Director ORBIT

# ORBIT: *Promoting the sustainable development of marginalized communities...*

Established in 1993, ORBIT (Organization of Bidar Integral Transformation) is a registered non-profit organization of the Gulbarga diocese. It emerged as a response to the needs and problems of the marginalized and economically backward people of Bidar, Kalburgi, Vijayapura, and Yadgir district. Presently, the organization works in over 800 villages of 8 taluqs in Bidar and Kalburgi.

**Vision:** A transformed society based on equality, justice, and love

**Mission:** To facilitate the empowerment of the marginalized and uplift the economically backward people through participatory actions and capacity building with collaborative social actions leading to self-dignity and self-reliance.

## Goals

- Enhanced dignity, quality of life, and participation in local self-governance for socially and economically backward women through integrated development.
- Children enjoying a safe and secure environment exercising their Rights and accessing inclusive development.

- Upholding the dignity of life and Main streaming Persons with disability and HIV by increasing access to opportunities and entitlements and promoting education, skills and leadership.
- Protection and sustainable management of Natural Resources by caring for Mother Earth.
- Self-sustained organization for Sustainable Development.

## PROGRAMS

- Women Empowerment Programme(WEP)
- CBR (Community Based Rehabilitation)
- CHILDLINE 1098
- Women in Micro Enterprise (SAMRUDI)
- Navajeevana - Rehabilitation of People with Mental Illness
- Early Intervention & Early Education
- COVID – 19 Relief Work
- COVID – 19 Vaccination Campaign
- Jan Jagruthi Manch
- Skill Development & Income Generation Program
- Special Programs

## IMPACT SO FAR

<b>488</b> SHGs and 42 Cluster Level, 5 Taluq and one District Level Federation with 6500 members	<b>40</b> COVID – 19 Vaccination Campaign –Aurad Taluk 455 Camps 1st Dose - 9,420 2nd Dose - 15,879	<b>86</b> Children with Developmental Delays <b>26</b> underwent Assessment
<b>386 Child Right cases</b> <b>53</b> Child Marriages stopped; 25 child labourers & 8 children found begging	<b>12000</b> Food kits for people affected by the lock down due to COVID - 19	<b>84</b> Rural Youth & Women were given Skill Development Training
<b>6 Eye Camps:</b> <b>77 Free Cataract Surgeries;</b> <b>5 General Check up camps</b> <b>1 Dental camp</b> <b>1048 Beneficiaries</b>	<b>196</b> Persons with Mental Illness beneficiaries supported	<b>663</b> Rural Women received Govt. Entitlements

# WOMEN EMPOWERMENT PROGRAM

The program covers 6500 women belonging to 488 Self-Help Groups (SHGs) in 50 Grama Panchayats in Chitguppa, Humnabad, Aurad, Hulsoor, Balki, Bidar, and Basavakalyan taluks of Bidar district. The target groups of the program include rural women and adolescent girls.

## Objectives

- Improve the level of literacy of adolescent girls and women
- Increase the number of trained women in book keeping of Self Help Groups (SHGs) of women
- Strengthen women with knowledge and awareness of basic rights of their own, their families and villages
- Reduce the number of women and adolescent girls with ignorance on nutrition, health and sanitation
- Promote Cluster and district level federations for economic self-sustainability of SHGs
- Educate women on enhancing livelihood through entrepreneurship

## TRAININGS TO EMPOWER WOMEN April 2021 - March 2022

TOPIC	NO OF TRAININGS												Total no.of Participants
	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	
Health & Hygiene	-	-	01	01	03	-	01	-	-	01	-	-	270
Right to food	--	-	-	-	01	-	01	01	-	-	-	01	226
Preparations of Nutritious food	01	-	-	01	-	03	-	-	01	-	-	-	233
Communicable & Non Communicable Disease	-	-	-		02	-	-	01	02	-	-	-	236
Herbal Medicines	-	-	-	02	03	02	-	01	01	05	-	-	276
Govt. Scheme & entitlements	-	-	-	01	-	-	-	-	01	03	01	02	216
Global Warming, Climate change & Renewable Energy	-	-	-	2	4	-	-	2	-	-	-	2	240
Organic Farming & Kitchen Garden	-	-	-	02	03	02	-	01	01	01	02	02	236
Rain Water Harvesting	-	-	-	-	01	02	02	-	01	02	-	-	270
Waste management	-	-	-	-	01	02	-	02	01	-	-	-	207
Vaccination Campaign	-	05	05	02	01	01	01	02	08	04	02	-	3064
Advocacy & Lobbying	11	-	-	-	-	01	03	12	13	03	05	-	391
Existing Laws	03	-	-	01	03	04	03	04	01	02	-	-	775
Dealing with Conflicts	-	-	-	01	-	-	02	-	01	-	01	01	215
Counseling and Life skills	-	-	-	-	01	01	-	-	-	04	02	05	263
Promoting leadership skills of local leaders	02	-	-	01	02		01	01	01	01	-	-	350
Govt. Schemes	-	-	-	01	02	06	01	01	02	02	04	02	560
Local Resource Mobilization	-	-	-	-	01	-	04	01	01	01	-	-	294
Rights Based Approach	02	-	-	-	04	02	-	-	01	-	-	-	319
Formation and strengthening of Federation	-	-	-	-	02	01	-	02	01	01	-	04	285
Documentation	01	-	-	01	-	-	01	02		01	-	-	218
EAP & EDP	-	-	-	-	02	-	-	-	02	02	01	01	243
Training for District Federation members	-	-	-	-	-	-	-	-	-	01	-	-	35
Training for Taluk Federation members	-	-	-	-	-	-	-	-	-	01	-	-	35
Cancer Awareness	-	-	-	-	-	-	-	-	06	02	14	06	921
1098 Awareness	-	06	-	-	04	04	-	-	-	01	02	-	994
Information on nutritious food and balanced diets	01	-	-	01	-	03	-	-	02	02	01	01	348
MGNREGA Awareness	-	-	-	01	03	02	-	01	02	-	-	-	213
Awareness on HIV/AIDS	-	-	-	-	-	-	-	-	03	-	-	-	55

## SPECIAL PROGRAMMES/CELEBRATIONS

Month	Program	No. of Programmes	No. of Participants
2021	AmbedkarJayanti	12	1959
April	BasavaJayanthi	04	35
June	Environment Day	06	175
July	Eye camp	03	184
	Vanamahotsava	10	183
	International tobacco eradication day	01	25
Aug	Independence Day	09	365
	Senior Citizen's Day	01	27
	Collaboration with COVID -19 Vaccination camp	01	408
Sep	Health camp	01	110
	Mother Teresa Jayanthi	03	150
Oct	Gandhi Jayanthi	06	120
Nov	Children's Day	04	110
	Kanakadasajayanthi	06	68
Dec	Christmas	01	116
	Collaboration with COVID -19 Vaccination camp	02	913
2022	Republic Day	08	195
Jan	Swami Vivekananda jayanti	06	1919
	Gramasabe	01	33
Feb	Collaboration with COVID -19 Vaccination camp	02	947
March	Collaboration with COVID -19 Vaccination camp	01	344
	International Women's Day - Taluk level	05	1650

## Government schemes & Entitlements Availed by SHGs April 2020- March 2021

SCHEME	Department	NO/OF TRAININGS												Total no.of Participants
		Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	
Swatch Bharat (Toilets)	Gram-Panchayat			3	5	2	4	1		-	-	-	-	15
One Bore well for 25 families drinking water														
Ambedkaryojane		-	-	02	-	10	2	-	-	5	-	01	-	11
CC Road		12	-	-	-	-	-	-	-	-	-	-	-	12
		01	03	02	02	03	02	04	03	01	-	02	-	23
Identity Card	Taluk-Panchayat	-	-	-	-	-	-	05	05	-	-	-	-	10
Labour card		-	-	2	04	04	04	06	03	6	-	04	-	33
Scholarship for education	Labour Dept	-	-	-	-	01	01	01	01	01	01	-		6
e-shram cards	Labour Dept	-	-	-	-	-	-	-	-	158	218	73	40	489
Crop Insurance		-	-	02	02	-	-	-		-	-	-	-	04
Old age pension (Sandhya Suraksha Yojane)	Revenue Dept	-	-	-	-	01	01	01	01	-	-	01	01	06
MGNREGA	Gram - Panchayat	-	-	01	02	03		01	01	02	-	-	-	10
Ayushman card	Health Dept	-	-	-	-	12	-	10	-	02	20	-	-	44

## 1. With Strengthened Wings:



Rukmini is 48 years old flour mill owner in Kaudiyal village of Basavakalyan Taluk in Bidar District. She is a well-known and well-accepted woman in the village.

This was not the identity of Rukmini, a few years ago. She hails from the Gonda community of Scheduled Tribes; an illiterate woman who got married in her teenage (Child marriage) as was the custom of the locality. Soon she became the mother of four children – two sons and two daughters. Rukmini and Ramesh earned their livelihood working as agricultural laborers. They also cultivated the little piece of land they had growing maize and toor peas for consumption.

As the children began growing up, the family expenses also increased. Poverty marked their family as seasonal agricultural labor and wages are low. Meanwhile, Rukmini observed the women of the village being formed into Self Help Groups (SHGs) by ORBIT staff. She was attracted by the idea of saving a little from her trifle income and being helped by lending loans in time of need. Thus, she became a member of Om Shakti SHG in her village, 15 years ago.

The experience of becoming part of SHG, attending meetings and trainings on various topics, savings, mingling with other women.... was altogether a new world for her. From being a young woman confined to her family and community alone, Rukmini was formed into a courageous and confident leader. The group atmosphere encouraged her too.

Though her income was limited, she was punctual in her savings. It enabled her to take loans from the SHG to educate her children. She has been convinced of the value of education and wanted her children to be educated.

Gradually, Rukmini has been able to take loans from the bank for various purposes such as Rs. 35,000/- for children's education; Rs. 40,000/- for powdering machine; and rs.58,000/- for the flour mill. Besides that, she was able to get a loan of Rs.2,00,0000/- for her and other three members (Rs. 50,000/- per member) from Gram Panchayat for self-employment.

Presently, Rukmini has become a confident woman who is actively present in all the social gatherings of her village; helpful for others in their needs. She is also planning to contest in the coming election. She educated all her children. Eldest son completed his ITI and is employed in Bangalore since 2021. Both the daughters completed their bachelors' degrees and are settled. Youngest son is doing his Pre-University Course.

Rukmini earns average Rs. 300/- as profit per day from her flour mills (grains and masala mills). She constructed her house and her standard of living is improved.

## 2. Emerging Leadership for Local Governance through Self Help Group

Sangeeta Sunil is 28 years old woman from Bhatambra village of Bhalki Taluk. She is educated up to SSLC. Sangeeta had child marriage as it is prevalent in the Bidar district. She fell in love with Sunil, her neighbor from the same village. She got married to Sunil (who was 19 years old), as soon as she completed her SSLC in 2010. Sangeeta was 17 years old at the time. Sunil studied up to 7<sup>th</sup> standard. The couple has two children – a son (11 years) and a daughter (9 years). Their life was quite hard as they depended on the wages of their daily labour and did not have any other income. They live in a small two-room house with a tin- roof. Sangeeta did not have much contact outside.



At this juncture, she observed the other women in the village having Self-Help Group meetings and being helped. So she decided to join the SHG. When she expressed her desire, she was encouraged by the animator of ORBIT who facilitated the SHGs. Thus, Sangeeta became a member of Pragati SHG under ORBIT in 2018. She began to save money in the group and took loans to educate the children and for other needs.

She participated in the awareness programs organized for the SHG members and acquired information on Panchayati raj, health, leadership, etc. and learned about the schemes and entitlements

available from various departments. Her social life expanded as she interacted with other members and visited the departments. She related with everyone amiably and the people liked her approach.

During the local governance election in December 2020, Sangeeta decided to contest from her ward. The SHG members, ORBIT animator, and the local Coordinator encouraged Sangeeta to contest and serve her village. She took Rs. 60,000/- from the SHG for the expenses of the election campaign. Pragati SHG members campaigned for her and she won the contest and has become one of the members of Bhatambra Gram Panchayat. Sangeeta is proving that she is a real representative of her people by addressing the issues of basic amenities of her village by constructing the drinking water tanks; repairing and improving the water supply system; street lights, etc. She is fulfilling the dreams of the people who elected her. She ensures that every family in the village is benefitting from the MGNREGA scheme.

She is grateful to ORBIT for the social and political empowerment in her life.

### CHILDLINE 1098

ORBIT is a sub-center for the Child Help Line 1098 Programme under the Union Ministry of Women and Child Development, Government of India; and operates in, Chituguppa, Basavakalyan, Humnabad, and Hulsoor taluks of Bidar district in collaboration with the regional headquarters in Chennai.

#### OBJECTIVES

- ✓ Promote child rights and their protection
- ✓ Habilitate the street and working children
- ✓ Eradicate child labor
- ✓ Mainstream school dropouts and children on the street.
- ✓ Spread awareness on child helpline 1098
- ✓ Make people aware on the benefits of forming a children's club
- ✓ Create awareness among parents on the importance of education of children

## PROGRAMS & ACTIVITIES

- Reach out to the child in need of care & protection by linking them to the short-term/long-term services available
- Awareness programs
- School and home visits
- Stall Programs
- Visits to Auto drivers, Shop owners, and Government offices
- Open house programs, Visits to Slums, cinema theatres, parks, and other tourist places
- Anti-child labor day
- Children's Day
- Child Parliaments in Panchayaths
- Child Help Line day
- Child Line se Dosti program
- Namma Chitta Makkalatta



	No. of visits	No. of Beneficiaries	Awareness programs	No. of case – interventions & referrals
Railway station	12	360	12	04
Bus stops	85	680	85	08
Religious places	13	90	13	13
Schools	56	1600	45	09
Slums	12	20	12	-
Children groups	06	60	06	08
CBOs	12	-	12	14
SHGs	19	320	19	33
Childline se Dosti programs		960	04	06
Anganawadi programs	29	29	06	17
Children grama sabhe	-	-	-	



Nutrition Support	-	-	-	-
School Drop out	48	48		48
Medical	17	17		17
Shelter related	30	30		30
Emotional Support & Guidance	02	02		02
Kidnapping		-		-
Orphan cases	70	70		70
Child labor rescue	25	25		25
Missing children	10	10		10
Child marriage	55	55		55
Begging	09	09		09
Corporal punishment	02	02		02
Physical abuse	09	09		09
Police station	32	-	32	02
Others	84	84		84
Nutrition Support	40	40		40
School Drop out	01	01		01
Medical	15	15		15
Shelter related	22	22		22
Emotional Support & Guidance	9	9		9
Kidnapping	2	2		2
Orphan cases	23	23		23
Child labor rescue	46	46		46
Missing children	2	2		2
Child marriage	56	56		56
Begging	08			08
Corporal punishment	2	2		02
Physical abuse	8	8		08
Police station	12	-		-
Others	49	49		49

### Case study:1 Rescue of children in Bonded labour



On 24.11.2021, child helpline 1098 received a call informing about three children working as bonded labourers in a family, at Nirawadi village of Chitguppa Taluk. The child line team visited the village and collected information from the anganwadi teacher and confirmed that the information was correct.

Mr. Devinder and Sunanda from the Scheduled Tribe community have four children - three sons and a daughter. The eldest son is 12 years old Vivekanand, the second one 11 years old Vishwanath, the third one is 9 years old Venka and the youngest one is 5 years old Vidyavathi studies in 6th, 4th, 2nd and Anganwadi respectively. Devinder is a drunkard and tortures his wife regularly. Both the couple is coolie workers. Due to the COVID - 19 pandemic and consequent lockdowns, the couple did not have much work and struggled to meet their ends. They began to borrow from people.

Being a very poor family and having borrowed money (Rs. 30,000/-) from a landlord of the village, Devinder failed to repay the debt. He began to send his children to work in his land.

The child line team visited the house of the land owner and saw Vivek going with the buffalos to graze. They questioned the employer who is a bill collector in the gram panchayat and conscientious him about the rights of the children and the legal and social consequences of child labour. He promised not to engage the children in child/bonded labour. The team took the children to school and discussed with the Headmaster. Children were given books and placed in their respective classes.

The follow-up visits ensured that the children were continuing their studies; parents want them to be in school and if needed, ready to admit to the hostel.

## Case study:2 Drinking Water issue in the school

"Open House Programme" under Childline Project was conducted in Government High School, Kudambal, Chitguppa Taluk on 24.9.2021. The rights of children, the care and protection available for the children when their



Before intervention

rights are violated and the toll-free child helpline 1098 was introduced to the children. During their discussion, the children brought out the issue of the non-availability of drinking water in the school campus. Panchayat President and Secretary who were present in the Open House Programme promised to solve the issue. But no action was taken on their part.

The Childline team member followed up the case. He formed the Children's group in the school consisting of 15 students from 8th, 9th, and 10th standard and motivated the children to get their rights.

Thus, on 21.10.2021, the children made a call to 1098 requesting to solve the drinking water issue in the school.

The Childline team member visited the school, studied the status of the drinking water supply, and discussed with the headmaster about the issue. Based on the information collected, a letter was submitted to the Panchayat Development Officer (PDO), Kudambal, Block Education Officer (BEO), and Block Resource Coordinator, along with the pictures of the disconnected water tank and bore well.

The team member contacted the Panchayat President over the phone and reminded them to rectify the water supply; visited the PDO (mean while the old PDO was transferred and a new one had taken charge) and followed up on the issue.



Finally, after a month of the Open House Programme, the drinking water issue in the school was solved. The pipe connection from the bore well to the water tank and the supply connection from the tank to the taps were re-established and the damaged water pipes were replaced.

## WOMEN IN MICRO ENTERPRISE

In collaboration with SAMRUDI - Rural Upliftment Foundation, Bangalore, this program is organized by ORBIT in Bidar, Balki, Basavakalyan, Chitguppa, Hulsoor, and Aurad taluks of Bidar district. Members of democratically governed women's organizations own and control SAMRUDI. The program envisages creating entrepreneurs among rural women to improve the standard of living of their families

### OBJECTIVES

- o Empower women to demand their rights and fight against injustice
- o Increase the number of rural women receiving business counseling
- o Provide technical support and promote entrepreneurs among rural women
- o Support women financially to raise their monthly individual income

### ACTIVITIES

- ✓ Entrepreneurship Awareness Program (EAP)
- ✓ Entrepreneurship Development Program (EDP)
- ✓ Loan distribution

### TRAINING DETAILS from April 2021 to March 2022

TRAININGS	Total No. of Trainings	Total no. of Participants
EAP / EDP Trainings	8	391

### Enterprises Supported from April 2021 to March 2022

Type of Enterprises	No. of Women Supported			Financial support
	BATCH I Jan 2022	BATCH I Feb 2022	TOTAL No. of Beneficiaries	
Animal Husbandry/Goat rearing	05	27	32	8,00,000
General/Provision stores	02	02	04	1,00,000
Beauty Saloons	03	-	03	75,000
Tailoring	21	03	24	6,00,000
Vegetable vendor	01	-	01	25,000
TOTAL	32	32	64	16,00,000
Financial support	8,00,000	8,00,000		
Repayment as on 31 <sup>st</sup> March 2022	80,000	40,000	1,20,000	

### CASE STUDY

50 years old Bharatbai is an illiterate woman from the Bannalli village of Chitguppa Taluk. Hailing from a Scheduled caste community and not having much land and property, she and her husband Ismail worked hard to overcome their poverty. They worked on the one-acre land they owned as well as worked as agricultural laborers in other farmers' fields. Sometimes, they took other fields on lease and cultivated them too.



They lived in a small hut and brought up their four sons. Though illiterate, the parents were concerned about the education of their children. They placed the elder sons in some of the rich people's houses and boardings so that they could get educated.

Bharathi bai joined Navashanthi SHG under ORBIT in her village, from its inception in 2005 onwards. The regular savings in the SHG enabled her to avail of loans on necessity. It was a great help for her especially when she struggled to pay the fees of her eldest son who was doing his MSc. She also availed of Samrudi loans through the SHG and bought buffalos. It ensured regular income for the family though she had to work hard.

The hardworking couple leased land and began cultivating too. They saved the income and with the loans from SHG and other sources, constructed a beautiful and spacious concrete house. It was completed in 2020.

Presently Bharatibai invested her income from the sale of buffalos in sericulture which brings more income. They got the sericulture shed and the mulberry plants garden for sericulture on lease. Her husband and children are actively working with her for the enterprise as it needs many hands and a lot of attention. She has an average profit of Rs. 1,00,000/- after reducing all expenses.

The eldest son completed his MSc and is placed in the Taluk office; the second son completed his PUC and is a successful fruit merchant in Hyderabad; the third son did his Diploma in Agriculture and has been helping the parents in farming. Presently (2022 March), he is appointed as farm manager by an estate owner. The youngest son has written the final exam of SSLC. He too is highly interested in farming and helps his parents. Bharatibai's life and her family have benefitted from the economic and social growth through the self-help group and Samrudi loan.

### **COMMUNITY-BASED REHABILITATION (CBR)**

CBR Program for the differently abled covers Basavakalyan, Chitguppa, and Humnabad Taluks of Bidar district in Karnataka. Presently the program targets Persons with Mental Illness with an inclusive approach toward PwDs and Children with Developmental delays (0-6).

The aim is :

- To integrate differently-abled persons into the mainstream of the society
- To help people with disabilities by promoting Disabled Persons' organizations (DPOs) for social integration, equalization of opportunities, and rehabilitation.
- To empower the differently abled persons by giving them guidance and awareness to make it work as a double-edged sword in changing the mindset of the public and the differently abled as well.

## NAVAJEEVANA: Community Based Rehabilitation of Persons with Mental Illness

### Goal

Mentally Ill persons get reintegrated into society, accessing their rights and entitlements and living an independent life.

### Objectives:

- To identify PwMIs and assist to access free Psychiatric treatment and medication.
- To capacitate primary and secondary stakeholders through mental health training to bring about changes at the district and state levels.
- To ensure psychological, social, and economic independence among the PWMI to lead a dignified life.
- To ensure regular counseling to PWMI and their Carers.
- To train the carers to help the PWMI to practice ADL skills and management of side effects.
- To sensitize carers and stakeholders to understand the issues and needs of the PWMI.
- To ensure mass awareness among the general public on mental health to increase identification and referral systems.
- To build Carers/ Parents champions for self-advocacy and to access social security.
- To ensure social inclusion of PwMIs by reducing social stigma through promoting livelihood opportunities to PwMIs and formation of DPOs with PwMIs/Caretakers.



### Activities

- Awareness programs for stakeholders and SHGs/ DPOs
- Identification of PwMIs and linkage with District Mental Health Programme.
- Follow up of the PwMIs and their caretakers through regular house visits.
- Counseling & guidance for PwMIs and Caretakers.
- Training for Care Takers
- Training of Barefoot counselors
- Formation of DPOs inclusive of PwMIs/Caretakers
- Encouraging livelihood engagements for the recovering PwMIs.
- Assisting in claiming the entitlements

Taluks	No. of PwMIs identified & assisted		Awareness programmes		No. of DPOs formed	Taluks			No. of follow up/ family visits	DMHP Camps attended
	Old	New	Programmes	Participants		UDID	E-shram	Labour card		
Basavakalyan	-	38	17	259	-	06	-	-	48	11
Chitguppa	36	22	25	657	03	04	-	-	145	10
Humnabad	41	59	58	1,011	06	20	50	20	280	48
Total	77	119	108	1,927	09	30	50	20	473	69

**Handholding to the path of wellness** (*names are changed for confidentiality*)

Suresh is a 28 years old youth from Humnabad Taluk. He is the second son of Mr. Basava and Mrs. Susheela. He has an elder brother and a younger sister. His father is a worker in a local sugar factory and his mother is a teacher in a Private School in Humnabad. The socio-economic, and educational condition of the family is good. Parents



worked hard and did their best to make their children study well. Suresh's elder brother completed his undergraduate degree and is settled in life. His younger sister completed her Para Medical course and is trying for a job.

Suresh completed his Pre-University Course and joined Telephone technician training in Aurangabad - a town in the neighbouring State in 2015. He went for the course along with his friends. But he was trapped and cheated by his friends. Suresh's parents had given him Rs. 25,000/- for his training purpose. His friends asked him to give him some money, but he refused to give that money. His friends arranged a party cunningly and made to get drunk; they thrashed the drunken friend and took away all his money.

Suresh was shocked and traumatized by the cruel behavior of his friends. He could not complete his course; he dropped out of course and returned home. He never told to anyone about the incident or what happened to him. But he went into depression because he suppressed everything in his mind and worried about it. After some days his mental health became so bad, that he started going out of his home roaming everywhere, scolding his family members, people in the neighborhood, and so on. He used to get angry with everyone, laughed and talked to himself and, refused to take bath and change the hasty dress. But the family could not understand the reason.

Observing his behavioral changes, his parents took him to a private Mental Health care hospital in the next district for treatment. He was under treatment from 2015-18 in private and government hospitals in Gulbarga and Shivamogga spending a lot of money. Suresh showed some improvement. At that time he shared what happened to him exactly - the whole incident of his friend's cheating and attacking him for money.

But his family discontinued his medication without the consultation of his doctor. It resulted in the relapse of his health. He returned to his old status. During the first phase of Navajeevana (2019-20), the staff identified the case and with the assistance of the local ASHA worker, reached Suresh to DMHP for treatment. But again, he dropped out of medication and became worse. The new staff member found his name in the list of relapsed cases and visited his house. The family was unwilling to bring him for treatment. But the Navajeevana staff did not give up; she pursued with patience; visited the family regularly and encouraged them to restart the medication.

During the Second Phase of Navajeevana (2021-22) Training on Field-Based Home Care in Nov 2021, Navajeevana team selected Suresh as a Challenging case and visited the family along with the resource person. The resource person explained the possible threats of his future. Finally, they agreed to resume the treatment. Navajeevana staff went to Suresh's family and brought him along with his mother for the first visit to the DMHP camp.

Since then, Suresh is regular for his medication. There is a lot of improvement in him now. Suresh started going for work daily, earns Rs 500/- per day, gives the money to his mother; he is regular for his medicine at DMHP camp, by himself.

## Early Intervention & Early Education for the children with Developmental Delay.

Early Intervention & Early Education is the project to identify and enhance the normal development to **infants and toddlers at risk of developmental delays**. Children below seven years of age may suffer from delays in five developmental areas. These are physical, cognitive, communication, social or emotional development, sensory and adaptive development.

### Goal & Objectives

- Early Identification
- Children from 3-6 years will show confidence and enjoy their right to education.
- Families understand their children's strengths, abilities and special needs and support their children to develop and learn.
- Ensure that the Children with Development delays receive support services
- Sensitization of other stakeholders on early identification & intervention among children with disabilities
- Government departments at Taluk level and district level extend their support for the effective implementation of EI & EE programme.

### 3 Days Workshop on Assessment of Children with Developmental Delay

ORBIT in collaboration with AKSHADHAA Foundation organized an Assessment camp for children with Developmental Delay for Early Intervention on 15.2.2022. Children with different types of developmental delay were brought and assessed. 26 children participated in the camp. The parents were instructed on follow up required.

Ms. Sumana Datta, co-foundress of AKSHADHAA and her three-member team assessed the children.



### Regular Home visits of the Children with Developmental Delay



The staff of Early Intervention & Early Education makes regular house visits to the Children with Developmental Delay in Humnabad and Chitguppa Taluk and instructs and motivates the parents on the exercises needed for the children; government entitlement to be claimed. 62 children's families were visited regularly.

### COVID – 19 PANDEMIC – Relief Work

ORBIT reached out to 12000 families of varied categories of life affected by the unprecedented lockdowns due to COVID -19 pandemic with the support of Azim Premji Philanthropic Initiatives (APPI) in collaboration with its 13 sub-centers & 33 other NGOs in the District.

With the collaborative efforts and hard work of volunteers from 33 NGOs and the sub-centers of ORBIT, 12000 food kits were packed and distributed in the first week of June 2021 from two centres – ORBIT Humnabad and St. Joseph's PU College, Bidar.

### Categories of families Reached out:

1.	Old age people
2.	Slum Dwellers
3.	Auto rickshaw Drivers
4.	Widows
5.	Leprosy Patients
6.	HIV/AIDS Patients
7.	Persons with Mental Illness
8.	Persons with Disability
9.	Daily Wage Workers/Coolie
10.	Migrant Labourers
11.	Domestic Workers
12.	Paurakarmikas
13.	Sex Workers
14.	Transgenders
15.	Others

### Talukwise Food kit Distribution:

Sl. No.	Name of the Taluk	No. of Kits Distributed
1.	Aurad	1315
2.	Basavakalyan	378
3.	Bhalki	1696
4.	Bidar	4951
5.	Chitguppa	935
6.	Hulsoor	490
7.	Humnabad	1735
8.	Kamal Nagar	500
	<b>TOTAL</b>	<b>12000</b>

Each kit weighed 20 kg and contained 10 items such as Rice, Dal, Sugar, Oil, Aata, Tea powder, Chilli powder, Sambar masala, Turmeric powder and Salt





## COVID – 19 Vaccination Campaign in Aurad Taluk

To increase the vaccination capacity of PHCs and to put on the ground effort to mobilize people for COVID vaccination in Aurad taluk covering 77 villages & 75 tribal thandas under four PHCs such as Chintaki, Dapka, Hedgapur & Mudhol was the aim of the Project.

In collaboration with the local public health system and the community volunteers, the project strived in getting vulnerable communities vaccinated. It was supported by Azim Premji Foundation.

### Activities from 15.10.2021 to 15.4.2022:

Sl. No	PHC	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose	Tent Awareness	Vehicle Awareness	Vaccination Camp	Survey
1	Chintaki	2,546	4,603	08	10	112	32,792
2	Dapka	2,798	4,876	09	13	130	40,351
3	Hedgapur	2,090	2,998	08	09	108	18,543
4	Mudhol (B)	1986	3,402	07	08	105	19,775
	<b>Total</b>	<b>9,420</b>	<b>15,879</b>	<b>32</b>	<b>40</b>	<b>455</b>	<b>1,11,461</b>



## Jan Jagruthi Manch

**Goal:** 260 Empowered leaders of marginalized communities achieve integrated community development through collaborative social actions in availing Govt. entitlements, promoting nutrition, health & hygiene, and ecology in 40 villages of 20 Gram panchayats.

### Objectives:

- Trained and empowered leaders of marginalized communities will have helped and assisted communities to avail Govt. entitlements.
- Adolescent girls and lactating mothers and pregnant women having knowledge of sexual and reproductive health, and hygiene will practice the same, and the community having awareness on health issues will make efforts to access health facilities.
- Promotion of community Forests, water percolation pits/ bore well recharges, and nutrition gardens to promote ecology will be achieved by community leaders.

### ACTIVITIES:

- *Formation of Groups*
- *Identification & Training of Leaders*
- *Health Data collection & Free Medical Camps*
- *Awareness Programmes*
- *Availing of Government entitlements.*

### Formation of Groups:

Sl. No	Name of the Taluk	Children	Members	Adolescent girls	Members	Youth	Members	MGNREGA / Farmers	Members
1.	Bidar	7	114	5	75	2	21	9	145
2.	Humnabad	8	95	7	88	1	12	7	141
3.	Chitguppa	5	62	4	46			4	62
4.	Bhalki	11	172	8	131	1	12	11	196
5.	Basavakalyan	4	109	4	54			4	127
6.	Hulsoor	2	26	2	22			3	37
	<b>Total</b>	<b>37</b>	<b>578</b>	<b>30</b>	<b>416</b>	<b>4</b>	<b>45</b>	<b>38</b>	<b>708</b>



### Skill Development and Income Generation Program (SDIGP)

In order to empower the youth and women who are unemployed and unskilled, ORBIT organizes skill development programs on Driving, Garment Making/Tailoring, Rexene Bag making, Beautician, Paper bag making, Basic computer, etc.

#### Objectives:

- To improve livelihood security.
- Enhanced productivity of vulnerable and backward communities by developing skills and assets.
- Promoting greater income generation and vocational training opportunities.
- Promotion of micro credit units to promote the business and growth.
- Empowering people to self-manage and run their own livelihood with their own capabilities.

ORBIT has given focus to the skill development of rural women and youth in various villages of all three Taluqs of Bidar District, during the year 2021-22. Total 78 persons were given skill development training. Along with the skill trainings, the trainees were given additional input sessions on various life skills such as RTI Act, etiquette, Gender Sensitivity, health & hygiene, HIV/AIDS, Communication, leadership, Child Rights, etc. besides the Entrepreneurship Development workshop.

## Trade wise Trainings & Employment Data of the skilled Beneficiaries

	TRADE	No. of batches	Total No. Trainees
1.	Driving	1	12
2.	Beautician	1	13
3.	Paper Bag Making	1	20
4.	Tailoring	2	39
		<b>05</b>	<b>84</b>



**Paper Bag Making**



**DRIVING**



**Beautician**



**Tailoring**

### ***Success Story- 1: Skilled to be employed***

Jeevan S/o Thukkaram is a 32 years old slum dweller from Bidar. He is the youngest among the four sons of his parents. He studied up to 7<sup>th</sup> standard. His family has been sustained by his father who has an old auto rickshaw. His brothers used to drive the auto as they grew up. Jeevan too learned a little bit of driving but could not go to the city since he was not adept and did not have a Driving license. So, he used to go for other coolie work, such as tiles fixing, helper to mason and earn an average Rs. 400/-. When got married 5 years ago and the child was born, his income was insufficient to support the family. His elder brothers had been settled and lived in separate houses. Jeevan had to support his parents, wife and two children with his limited income. So, he could not think of learning driving and getting license by paying minimum Rs. 8,000/-.

Hence, Jeevan was extremely excited to get admission to the one month driving course offered by ORBIT and to get the driving license. He joined the training and enthusiastically completed the training. He secured the license.

Presently, he is driving his father's old auto rickshaw and earns an average Rs. 600/- per day. During the summer season the income goes up to 1,000/- per day. He also takes children to the school on regular basis.



### ***Success Story- 2: House wife to Beautician***



Ms. Ashritha from Haleyabura village of Bidar Taluk is a young woman of 32 years, educated up to PUC. She was married to Shanthakumar and has two children aged 10 and 4. They were settled in the village in the beginning years of their marriage and were able to manage the income of her husband. Shanthakumar is a journalist in a newspaper and to travel to and from the town for his job was difficult. They also desired to give better education to the children by sending them to the private schools in Bidar. So the couple shifted to a rented house in Jerusalem

colony in Bidar town, 6 years ago. The cost of living increased for them as they had to pay Rs. 3,000/ per month for rent; pay the fees of the eldest daughter and the expenses of one more member of the family as a daughter was born. The sole income of Shanthkumar was insufficient to meet the ends of the family. Leaving the baby behind, Ashritha could not go to any work.

Meanwhile, she was encouraged by the information from her SHG about the two months Beautician course being conducted in the nearby street by ORBIT. Very enthusiastically, Ashritha took the admission for the course and learned well.

Though she wanted to begin her own beauty parlor, she did not have the financial strength. At the same time, she went for bridal make-up to houses and earned an average Rs. 3,000/- to Rs. 4,000/- per make-up, besides the regular income of small work she got at home.

Assessing her expertise and enthusiasm, ORBIT entrusted one of its beautician courses to be conducted at her house. Presently, she is a teacher for two months' beautician course with 12 trainees. She gets a salary Rs. 6,000/- and the income from her customer service too. Her experience sharing is an inspiration for her trainees too.

Ashritha and their family is happy and grateful for the radical change in her life as she has become a strong support for the family income along with her husband.

### Free Health Camps: 2021-22

Sl. No.	Date	Village	Type of Camp	Total Beneficiaries	Outcome			Networking
					Free Surgery	Free spectacles	Other	
1.	19.8.2021	Shahpur gate	Eye	110	12	22		Dr. Sallin's Hospital
2.	29.9.2021	Haladkeri	Dental	89			Free teeth cleaning-10; teeth extraction-8	S.B. Patil Dental College
3.	25.11.2021	Sirsi	Eye	116	22			Dr. Sallin's Hospital
4.	7.12.2021	Kamal nagar	Eye	150	25			Dr. Sallin's Hospital
5.	13.12.2021	District Prison	Eye, skin & gynac	200			Free medicine	Dr. Sallin's Hospital
6.	16.12.2021	Halbarga	Eye	32	7	2		Dr. Sallin's Hospital
7.	13.1.2022	Kudambal Higher Primary school	Eye	35	-	-	Eye drops for 4 children	Dr. Sallin's Hospital
8.	2.2.2022	Mangalgi	General	91			Free medicine	Mother Theresa Hospital, Gulbarga
9.	11.2.2022	Gatboral	Eye	38	11			PHC, Ghatboral
10.	17.2.2022	Rajeshwar	General	49				PHC, TADOLA
11.	24.2.2022	Thadola	General	53				PHC, TADOLA
12.	25-3-2022	Muchalamb	General	85			Free Medicine	Mother Theresa Hospital and Pallotti Vridhi Vikas Trust



## Capacity Building & Organization Development Efforts

Sl. No.	Date	Training	Team/ Project Staff
1.	26 <sup>th</sup> -27 <sup>th</sup> April 2021	Prohibition of child marriage Act 2016	CHILDLINE coordinator
2.	24.9.2021	‘Types of Mental Illnesses, symptoms & identification’	Navajeevana Team
3.	30.9.2021	Mental Retardness & Mental Disorders as Disability	Navajeevana Team
4.	19.10.2021	Goonjan MIS Documentation	Navajeevana Team
5.	11 <sup>th</sup> & 13 <sup>th</sup> Nov 2021	Field Training on home-based care of PwMIs	Navajeevana Team
6.	20.1.2022	DPO formation	Navajeevana Team
7.	29.1.2022	Counseling	Navajeevana Team
8.	4.2.2022	Training programme for NGO functionaries	WME coordinator
9.	4 <sup>th</sup> -5 <sup>th</sup> March 2022	Field Training on home-based care of PwMIs	Navajeevana Team
10.	11.3.2022	Workshop on Social Communication	All
11.	14.3.2022	Training/Orientation on PFMS	Director, Childline Coordinator & Accountant

## SPECIAL PROGRAMMES

In addition to regular program activities, ORBIT has been actively organizing special events during the year. World Mental Health Day, World Cancer Day, World AIDS Day, International Women’s Day celebration at Taluks level, and Christmas celebration were some of the outstanding events.

### World Mental Health Day



World Mental Health Day was celebrated on 22.10.2021 at ORBIT. Dr. Nagnath Hulsoore, the Chief Medical Officer (CMO), and Dr. Basavanath Gomen, Cardiologist of Taluq Government Hospital were the chief guests. 46 PwMIs and Caretakers participated in the program along with ORBIT staff.

### *“Joy of Sharing”* - Christmas Celebration

An inter-religious “sauhrudha Kootta” –a friendly gathering on the occasion of Christmas was organized at ORBIT on 18.12.2021. Shri. Shri. Shri. Veera Renuka Gangadhar swamiji, Shri. Shekh. Zakhir Hussain, CEO of Taluq panchayat, Humnabad; CMO, Taluq Hospital Humanabad, THO, APPI District Coordinator, Bidar, Vicar General, Gulbarga Diocese, Secretary, GDES were the chief guests.

32 NGO partners in COVID-19 relief work and the press reporters were honoured on the occasion



### World Cancer Day:

ORBIT organized Cancer Awareness Campaign and fund raising for the treatment assistance for poor cancer patients in Humnabad town on the occasion of World Cancer Day on 5.2.2022. Dr. Nagnath Hulsure, CMO, General Hospital, Humnabad lauded the initiative of ORBIT and inaugurated the fund raising by contributing his share. Mr. Shravanakumar Tompe, Biology teacher, Govt. High School, Humnabad delivered the key message on Cancer; stages of cancer and possibilities of treatment. Mr. Anil, Manager, PKG Bank also spoke on the importance of combating the cancer. Fr. Victor Vas, Director, ORBIT emphasized on the need to promote organically produced food to prevent cancer and the need to reach out to the poor cancer patients. All the guests contributed towards the fund raising. Thereafter, ORBIT staff and students of Shanthi Kiran Technical Institute went around the shops in the town with contribution boxes and announcement.



### International Women's Day 2022

International Women's Day 2022 has been observed in various Taluqs of Bidar District by ORBIT with the theme "Harmony, Equality: We shape our life" (ಸಾಮರಸ್ಯ, ಸಮಾನತೆ: ನಮ್ಮ ಶಿಲ್ಪಿ ನಾವೇ).

Around 1650 women participated in the celebrations in the presence of honourable guests of varied sectors of life in five Taluqs. Total 27 women were honoured on the occasion for their hard work to improve their lives in the society and for their outstanding contributions.









# PHOTO GALARY

## COVID – 19 Relief : food Kit Distribution



## COVID – 19 Vaccination Campaign



CHILDLINE



## EARLY INTERVENTION & EARLY EDUCATION



---

## NAVAJEEVANA





## SKILL DEVELOPMENT





---

## JJM



## *Special Programmes*

### INTERNATIONAL WOMEN'S DAY 2021



## ORBIT CHRISTMAS



## SENIOR CITIZENS' DAY



## ENVIRONMENT DAY





## FREE MEDICAL CAMPS



## CHILDREN'S DAY



# FINANCIALS

## ORGANISATION FOR HIGHER INTEGRAL TRANSFORMATION

HBT TRAINING CENTRE, N. H. 5, HEMNABAD - 505 230

### CONSOLIDATED INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2022

PARTICULARS	NOTE	For the year	
		ended 31.03.2022	ended 31.03.2021
<b>I. Income :</b>			
Bank Interest	8	1,82,704.00	1,16,222.00
Grant received towards Specific Purposes	9	5,40,925.00	7,94,892.00
Other Receipts	10	15,651.00	462.00
Donation		18,22,432.00	42,07,734.13
Excess of Expenditure Over Income for the Year		4,76,968.94	-
<b>TOTAL</b>		<b>29,98,680.94</b>	<b>51,19,310.13</b>

### II. Expenditure :

Grant utilised towards Specific Purposes	11	3,38,961.00	5,82,074.00
Administrative Expenses	12	21,24,865.94	31,01,355.02
Depreciation	8	2,84,854.00	3,18,010.00
Excess of Income over Expenditure for the Year		-	11,24,351.11
<b>TOTAL</b>		<b>29,98,680.94</b>	<b>51,19,310.13</b>

### Significant Accounting Policies - Note-1

The accompanying notes are an integral part of the financial statements.

#### Per report of even date

For Rodrigues & D'Souza

Chartered Accountants

[Firm Registration No. 063244S]



Rudolph M C Rodrigues

Partner

[Membership No. 0254596]

UDIN: 22025456ALEJGMB070

Place : Mangaluru

Date : 09.06.2022

Director



## ORGANISATION FOR HIGHER INTEGRAL TRANSFORMATION

HBT TRAINING CENTRE, N. H. 5, HEMNABAD - 505 230

### CONSOLIDATED RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2022

PARTICULARS	NOTE	For the year	
		ended 31.03.2022 ₹	ended 31.03.2021 ₹
<b>I. Receipts :</b>			
Opening Cash and Bank Balances	2	31,11,183.08	32,89,848.97
Contribution received towards Specific Purposes	3	32,24,336.00	42,28,332.00
Grant received towards Specific Purposes	4	1,41,74,125.00	8,94,892.00
Bank Interest	5	1,54,136.00	1,52,653.00
Donation		18,22,432.00	42,07,734.13
Other Receipts	6	3,62,094.00	1,38,123.00
<b>TOTAL</b>		<b>2,28,48,368.08</b>	<b>1,29,10,983.10</b>

### II. Payments :

Expenses incurred towards Specific Purposes	7	18,99,674.60	54,33,775.00
Grant utilised towards Specific Purposes	8	1,35,15,789.78	7,86,812.00
Administrative Expenses	9	21,25,879.04	30,96,380.82
Other Payments	10	6,59,743.00	3,86,795.00
TDS AY 2022-23		7,036.00	-
TDS AY 2021-22		-	5,972.00
Accrued Interest		17,529.00	-
Capital Expenditure	11	71,000.00	1,70,064.00
Closing Cash and Bank Balances	12	45,51,645.76	21,31,185.08
<b>TOTAL</b>		<b>2,28,48,368.08</b>	<b>1,29,10,983.10</b>

### Significant Accounting Policies - Note-1

The accompanying notes are an integral part of the financial statements.

#### Per report of even date

For Rodrigues & D'Souza

Chartered Accountants

[Firm Registration No. 063244S]



Rudolph M C Rodrigues

Partner

[Membership No. 0254596]

UDIN: 22025456ALEJGMB070

Place : Mangaluru

Date : 09.06.2022

Director



## OUR Support and Collaborators

Govt of India and Karnataka

District Administration, Bidar District &  
all the Departments District Police Office

- Caritas India. KROSS ● SAMRUDI, Bengaluru
- Child Line India Foundation, Mumbai ● MISSIO ● SCN, US
- Mother Teresa Charitable Hospital Gulbarga Diocesan Education Society
- Azim Premji Philanthropic Initiatives. Akshadhaa Foundation  
& ● All Individual Donors

